

# SWHB-205: Human Behavior & Social Environment I

Examines human growth and development through the life cycle using biological, psychological, sociological, spiritual, and cultural perspectives. Gives an introduction to: the family, the social systems model, personality theories and ego defense mechanisms. Emphasizes the various stages of lifespan development and understanding of biopsychosocial factors on human adaptation from conception through death. Promotes an understanding of the Black Perspective and how this perspective informs human development and behavior. [Required for all students.]

**Credits:** 3

**Program:** Human Behavior & The Social Environment