## OCCG-521: OT Theory & Concepts

This course explores how occupational therapy can be used as a change process to impact and influence health at the individual and societal levels, given current healthcare trends. Using seminal literature and assigned textbooks, learners will critically analyze and apply theories and constructs that underlie the practice of current occupational therapy and determine theories' utility to explain and predict phenomena or therapeutic change.

Credits: 3

**Program:** Occupational Therapy (Grad)

1 2023-2024