

HUDE-600: Psychodynamic Interventions and Evidence-based Therapies

This is a graduate-level course for students interested in learning psychodynamic therapy principles with adult clients (although the conceptualization can also more broadly be applied to understanding assessments and clients in general). The psychodynamic approach taught in the course focuses on contemporary psychodynamic theories and therapies with an emphasis on techniques most supported in the empirical literature.

Credits: 2

Program: Human Development & Psycho-Edu