

# DHYG-460: Nutritional Counseling

The intent of this course is to acquaint the dental hygiene student with: the basics of nutrition, performing a digital dietary assessment, and providing nutritional education for the dental hygiene patient. Additionally, a specific focus on nutritional counseling and oral care maintenance will be provided for students to individualize these specifics in the patient's treatment care plans.

**Credits:** 1

**Program:** Dental Hygiene